

WORKSHOP MANUAL SUPPLEMENT

FOR

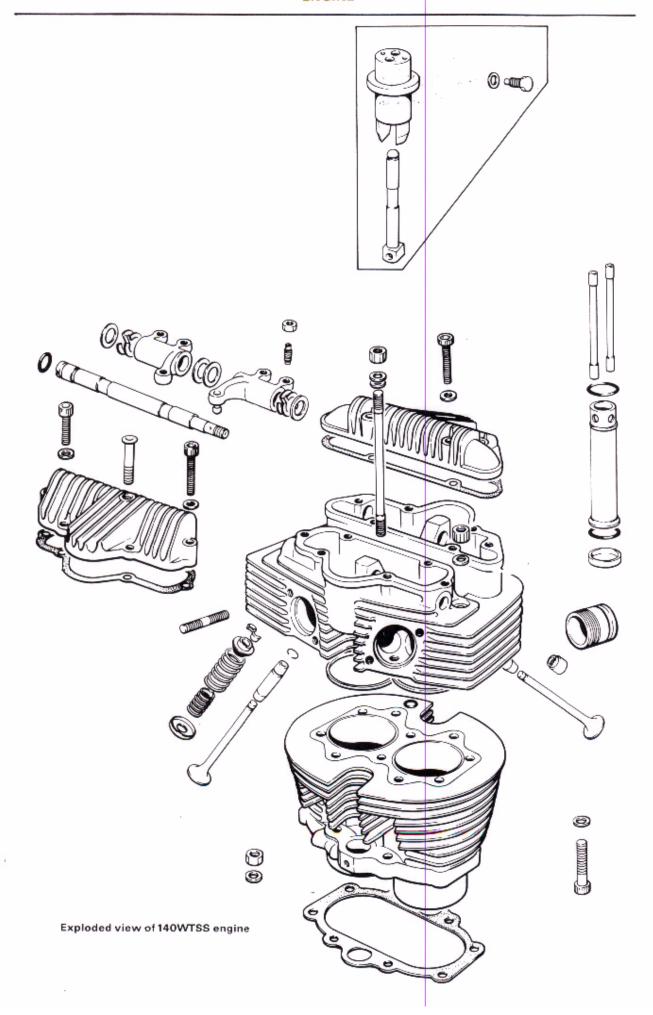
T140W-TSS MODEL

TRIUMPH MOTORCYCLES (MERIDEN LTD)
MERIDEN WORKS - ALLESLEY - COVENTRY - CV5 9AU - ENGLAND

TELEPHONE MERIDEN 22331

TELEX TRUSTY GB 311672

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STRIPPING & REASSEMBLING THE ROCKERS

Removal of the rocker spindles from the cylinder head is best achieved by driving them out, using a soft metal drift applied to the threaded end.

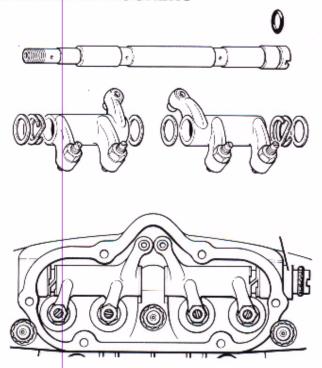
Before attempting to remove the rocker spindle ensure both valves are closed and therefore there is no load on the rockers via the push rods.

When the rocker spindle has been withdrawn the rockers and spacing washers can be removed.

NOTE the positioning of the rockers to ensure that they are refitted correctly, if in doubt mark each before removal as this will ensure correct replacement.

If it is required to replace the rocker ball pins, the old ones can be removed by a suitable drift and new ones pressed in.

When reassembling the rocker spindle always renew the 'O' ring and use tool No. 61-7048 to aid the compressing of spindle 'O' ring.



ADJUSTING THE VALVE ROCKER CLEARANCE

The valve rocker clearances should be checked and adjusted if necessary every 3,000 miles (4,800KM). The correct clearances are given in the technical data section.

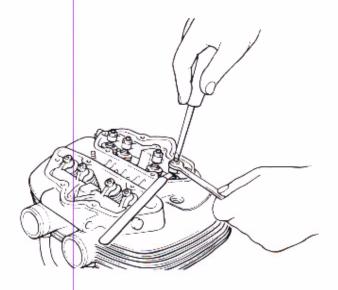
NOTE Adjustment must only be made what the engine is cold.

There are four adjusters on the rockers which are accessible after removing the inspection covers from the cylinder head. A feeler gauge can then be inserted between the adjuster and valve when the engine position is correct. To enable this engine position to be readily obtained place the motor cycle on the centre stand and engage fifth gear. By revolving the rear wheel slowly the crankshaft will be turned and the valves can be positioned.

INLET

Revolve the rear wheel until one of the inlet rockers moves downwards thus opening the valve. When this valve is fully open the opposite inlet valve can be adjusted using the feeler gauge of the correct thickness.

The clearance is correct when the feeler gauge is a tight sliding fit between the valve tip and the



adjuster. After tightening the adjuster locknut recheck the clearance. Having adjusted one set of inlet valves turn the rear wheel until the valve which you have adjusted is now fully open and repeat the procedure for the other inlet valves.

EXHAUST

Proceed in the same way as for the inlet valves having one valve fully open whilst checking the opposite one. See technical data for settings. Replace the inspection covers ensuring the gaskets are in good condition if in doubt renew.

REMOVING & REPLACING THE EXHAUST SYSTEM

To remove the exhaust pipes first slacken the clamps nuts securing the balance pipe on both sides. Undo the brass nuts holding the finned clip to the cylinder head.

Remove the bolts holding the front brackets to the exhaust pipe. Slacken the clamps which secure the silencer to exhaust pipe. Using a rubber hammer tap both exhaust pipes away from the cylinder head so that they are removed together. This will allow the balance tube to be removed from between the pipes. Remove the silencers by detaching the pillion footrest.

Before refitting the exhaust pipes inspect the copper asbestos sealing joint for condition and if necessary renew.

Replacement of the system is a reversal of the above instructions remembering to assemble the pipes together in one operation with the balance tube.

REMOVING & REFITTING THE CYLINDER HEAD

Proceed as detailed in Section 4 Relating to exhaust system.

Remove the fuel tank as detailed in Section E1. Remove the carburettors as detailed in Section B8.

Unscrew the cylinder head torque stay fixing bolt upper.

Unscrew the nut retaining the torque stay to head and withdraw the bolt. Remove the torque stay completely.

Remove the tappet inspection covers by unscrewing the allen fixing screws.

Remove the rocker oil feed pipe by undoing the large Dome nuts.

Remove the rocker sindles as detailed in 2 and remove the Push Rods.

Undo and remove the four allen screws securing the cylinder head to barrel.

Undo the cylinder head securing nuts a turn at a time, until the load has been released.

Lift cylinder head clear of through studs and remove. Remove push rod cover tubes and sealing rings.

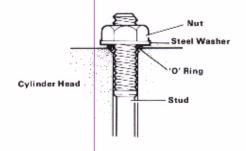
Refitting the Cylinder Head

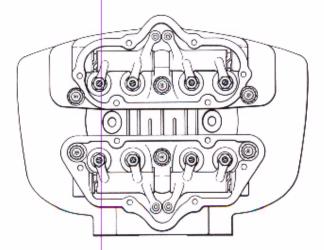
Fit new push rod cover tube seals and fit push rod covers to cylinder barrel.

Ensure that the cylinder head and cylinder barrel faces are clean.

Position new sealing rings in the head recesses -grease may be used to retain these rings whilst fitting the cylinder head.

Offer cylinder head over fixing studs taking care that sealing rings are not disturbed whilst head is slid into position.





Fit washers and nuts to all upper fixing studs and very lightly tighten down. Fit new seals to the two inside fixing studs,

Fit the four Allen Screws which retain the head to the barrel and lightly tighten.

Finally tighten all fixing screws and nuts observing the tightening procedure and the torque settings TD5.

Refit the push rods rockers and rocker spindles along with the spacing washers.

Adjust tappets as 3.
Refit Rocker covers as 3.
Refit exhaust system as 4.
Refit the cylinder head torque stay.
Refit the carburettors B8.
Refit fuel tank as sec E1.

REMOVING & REPLACING THE CYLINDER BLOCK & TAPPETS

Proceed as sec 5 until cylinder head is removed

Secure the inlet and exhaust tappet by wedging a suitable retainer between them. This will prevent the tappets from falling into the crankcase. Remove the four cylinder to crankcase retaining nuts followed by removal of the long through studs. Note two studs are locating doweled.

Turn the engine until the pistons are at the bottom of the cylinder and gently remove the cylinder block.

When reassembling note that the dowel through study are fitted R.H. rear and L.H. front. Reassemble in reverse order and for further information see sections B19 to B27 T140.

IGNITION TIMING

Initial Setting

To enable the engine to be started and run so that the timing can be set stroboscopically, the following procedure should be adopted.

- Set engine at full advance firing position by aligning the rotor mark with the pointer situated in the primary cover.
- (2) Fit reluctor into camshaft. Taper aligning front edge with line marked in the housing (this line will be located at approximately the 2 o'clock position). Tighten reluctor retaining bolt.
- (3) Fit pulse sensor plate positioning radial adjustment slots centrally about the threaded holes. Fit retaining bolts and tighten.

The engine will now be ready to start and run.

Note

Never fail to finally check ignition timing with a stroboscope as correct setting is essential.

ENGINE

			LIV	GINE	
Bore	mm in	For da 76 2.99		en refer to T140 1	980/81
Stroke	mm in	82 3.2:	28"		
Capacity	cc in	747 45			
Compres	sion Ratio	9.5:	1 STD	8.5:1 alternative	
VALVE T	IMING – CH	ECKED WITI	H NIL CLEA	RANCE AT T.D.C.	
Inlet Exhaust	in in	0.15 0.13	0" (3.810 m 0" (3.266 n	nm) nm)	
TAPPET (CLEARANCE	- COLD			
Inlet Exhaust	in in	0.00	0.203 r 08" (0.203 r	mm) mm)	
CRANKS					
Big End Journal Diameter Main Bearing Journal Diame Drive Side Timing Side				1.8765"/1.8760" 1.1247"/1.250" 1.1812"/1.1808"	(47.6631/47.6504 mm) (28.576/28.575 mm)
Balance F				69% STD	(30.00/29.99 mm) 55% AV
	TING RODS	3			
Big End D	Diameter			2.0215"/2.0210"	(51.3461/51.3334 mm)
	R BLOCK				
Material				JM ALLOY WITH CAS	
Bara Ciar			Low (L) Gr		High (H) Grade
Bore Size	-	n nm	2.9898″/2 75.941/75		2.9904"/2.9899 75.957/75.943
CYLINDE	R HEAD				
Valve Gui Valve Sea Valve Sea	t Interference	ce		0.4985"/0.4980" 0.0055"/0.005" 45°	(12.661/12.649 mm) (0.1397/0.1270 mm)
VALVES					
Stem Diar		Inlet Exhaust		0.2797"/0.2794" 0.2790"/0.2787"	(7.1043/7.0967 mm) (7.0866/7.078 mm)
Head Dian	neter	Inlet Exhaust		1.152"/1.148" 0.995"/0.990"	(29.26/29.159 mm) (25.273/25.146 mm)
VALVE GU	JIDES				
Bore Diam Bore Diam Outside Di	neter	Inlet Exhaust		0.2816"/0.2813"	(7.1526/7.1449 mm)
Length Length	lameter	Inlet Exhaust		0.501"/0.5005" 1.435" 1.475"	(12.795/12.712 mm) (36.413 mm) (40.455 mm)
VALVE SP	RING				
				OUTER	INNER
Free Lengt Total No. c Rate				1.378" (35.00 mm) 5.4	1.161" (29.489 mm) 6.5
ROCKERS				75 lb/in (5.273 kg²c	m) 41.41 lb/in (2.918 kg ² cm)
Bore Diam Spindle Di	eter			0.5317"/0.5312" 0.5290"/0.5285"	(13.469/13.4564 mm) (13.4366/13.4239 mm)
				,	

ENGINE

IGNITION TIMING							
Crankshaft Position – full advance Engine rpm when full advance occurs	30° 3500						
SPARK PLUG							
Type Gap Setting Thread Size Reach	Champion G63 0.25 (0.635 mm) 10 mm ¾" (19.06 mm)						
PISTONS	LOW (L) GRADE	HIGH (H) GRADE					
Diameter	75.887/75.877 m 2.9876″/2.9872″	nm75.900/75.890 mm 2.9882"/2.9878"					
PISTON RINGS							
Compression Rings Width Thickness (Radial) Fitted Gap Clearance in Groove	0.0586"/0.0581" 0.127"/0.120" 0.013"/0.008" 0.0035"/0.0015"	(1.49/1.478 mm) (3.23/3.07 mm) (0.330/0.203 mm) (0.089/0.038 mm)					
OIL CONTROL							
Width Thickness (Radial) Fitted Gap Clearance in Groove	0.159"/0.158" 0.109"/0.103" 0.010"/0.008" 0.0025"/0.0015"	(3.937/3.925 mm) (2.78/2.62 mm) (0.254/0.203 mm) (0.063/0.038 mm)					
CARBURETTOR							
Make Type Bore Size Main Jet Needle Jet Needle Type Needle Position Throttle Valve Piston Pilot Jet Starter Jet	AMAL 2934/2934/ 34 mm 220 0.106 2C3 - - 20 35	BING 64 CD 36 mm 140 2.66 STD 1 - 3 45					
GEARBOX							
RATIOS							
INTERNAL	5th Top 4th 3rd 2nd 1st Bottom	1.00:1 1.19:1 1.40:1 1.837:1 2.585:1					
OVERALL							
	5th 4th 3rd 2nd 1st	4.40:1 5.24:1 6.16:1 8.08:1 11.37:1					
Engine rpm at 10 mph in 5th Gear	626						
SPROCKET DETAILS							
Engine Gearbox Clutch	29 20 58						

CHAIN DETAILS

Primary Secondary Triplex endless %" pitch x 84 links Single %" x 1 %" x 10 links Renold Grand Prix

ELECTRICAL

BULBS

Headlight 12 volt 60/55 Quartz Halogen H4 Lucas 472

TORQUE WRENCH SETTINGS (DRY)

 Cylinder Head Fixing Nuts
 22 lb ft
 (3.0 kg m)

 Cylinder Head Fixing Screws
 12 lb ft
 (1.659 kg m)

 Cylinder Barrel Fixing Nuts
 14 lb ft
 (1.936 kg m)

 Con-Rod Nuts
 22 lb ft
 (30 kg m)